



Artjuna

Mediterranean Cuisine - Bakery - Lifestyle
ANJUNA, GOA



Coffee Delights

Espresso	120
Macchiato	Espresso with a spot of milk foam 130
Americano	130
Cortado	Espresso, a bit of milk & foam in a glass 140
Cappuccino	150
Flat White	160
Cafe Latte	180
Moccha	180

Extra : Coconut Milk + 50
Espresso Shot + 60

Iced Coffee

Iced Americano	160
An extended shot of Espresso, poured over ice cubes. Served in a glass. Add Vanilla Ice-cream. +60	
Iced Coffee	180
A shot of Espresso mixed with cold milk, poured over ice cubes. Served in a glass. Add Vanilla Ice-cream. +60	
Cold Coffee	180
A shot of Espresso mixed together with cold milk. Served in a glass. Add Vanilla Ice-cream. +60	
Coffee Frappe	230
A blend of chilled coffee, cold milk, crushed ice and Vanilla Ice-cream. Served in a long glass.	
Afogato	170
A shot of Espresso poured over Vanilla Ice-cream.	

Tea Time

Fresh Mint Tea	110
Fresh Lemon Grass Tea	110
Chai	120
Earl Grey Tea	120
Hot Lemon, Ginger & Honey	130

Assorted Tea Blends

Blue pea Green Tea ~ Marigold Green Tea	
Saffron Kahwa Green Tea ~ Chamomile Tea	
Rose Oolong Tea ~ Assam Black Tea	150

Chocolate Drink

Made from Organic Cacao beans

Hot Chocolate	210
Choco Frappe	230

A blend of rich chocolate, cold milk & Vanilla Ice cream.

Cakes, Cookies ♥ ♥ and more Goodies ♥

Check the counter for more Specials

Home made Cakes

Brownie Slice	with Vanilla Ice Cream +60	130
Cheese Cake		230
Mango Cheese Cake		260
Chocolate Fondant Cake		260
Chocolate Fudge Cake		270
Carrot Mascarpone Cake		280
Tiramisu Cake		380
Vegan Chocolate Cake		240

Top up any Cake with Vanilla Ice Cream +60

French Pastries

Chocolate Eclairs	170 - Coffee Eclairs	170
Caramel Eclairs	170 - Chocolate Tart	130
Lemon Tart	120 - Fruit Tart	150

Delicious Cookies

Almond Cookie ~ Granola Cookie	70
Granola Chocolate Chip ~ Biscotti	70
Oatmeal Cookie ~ Tahini Cookie	70
Chocolate Ball	90

Check the cake counter for more...!!

♥ Artjuna Bakery is taking orders ♥
for birthday cakes, celebrations & events
Please contact the counter.

Fruit Juices

All juices are freshly prepared after you ordered

Papaya	~ Papaya-Lemon	150
Pineapple	~ Pineapple-Mint	170
Watermelon		170
Mixed Fruit Juice		200
Mango Juice		210
Strawberry		220
Grape Juice	seasonal	220
Fresh Orange Juice		240
Pomegranate	~ Pomegranate-Orange	260

Shake & Lassi

Choose you favourite fruit as a Shake or Lassi.
Shake is done with Milk and Lassi is done with Yogurt.

Banana	190
Papaya	190
Mixed Fruit	200
Mango	210
Strawberry	220
Vanilla Ice cream Shake	210
Chocolate Ice cream Shake	220

Vegetable Juices

All juices are freshly prepared after you ordered

Carrot - Ginger	180
Carrot - Apple - Ginger	210
Carrot - Orange - Ginger	230
ABC (Apple-Beetroot-Carrot-Celery-Ginger)	230

Specials

Cool as a Cucumber Cucumber - Apple - Mint	210
Green Glow Kale - Cucumber - Green Apple - Celery - Ginger	230
Immunity Booster Pumpkin - Spinach - Celery - Parsley - Garlic	230
Energizer Carrot - Beetroot - Orange - Ginger - Cinnamon	240
Purifier Beetroot - Cucumber - Cabbage - Celery - Spirulina	240

Add Superfood 
 to your Juice, 
 Smoothie & Bowl

Turmeric	Anti-inflammatory, Boosts Immune System	30
Chia Seeds	Supports intestines and Digestive System	40
Aloevera	Antioxidant and Antibacterial properties	50
Moringa	Protects Liver and Kidneys, Anti Aging	50
Cacao	Takes care of Hormonal Balance & Happiness	60
Cold press Coconut Oil	Regenerates Cells	60
Spirulina	Reduces High Blood Pressure, helps Concentration	80
Wheatgrass	Increases produce of red blood cells, Immunity	80

Eskimo

You may know it as a "Slush", the Eskimo is made with fruit juice and crushed ice.

Lemon Ginger Honey Eskimo	170
Limonana <small>Frozen Mint Lemonade</small>	190
Pineapple Lemongrass Eskimo	210
Pomegranate Lemongrass Eskimo	260
Mango Eskimo	260
Orange Lime Eskimo	270

Cool Drinks

Lemon Soda	90
Home Made Lemonade	130
Cold Lemon Ginger Honey	170
Lemon Ice Tea / Peach Ice Tea	170
Coke, Sprite, Soda	60

Kombucha

KRISHI CRESS kombucha Strawberry Lemon / Mint / Ginger Marigold	320
BOOCH Kombucha Gold (Tart & fruity) Silver (Darjeeling Kombucha)	280
Borecha Watermelon / Mango / Passionfruit	250

We serve filtered and chilled
drinking water for free.



Keep GOA CLEAN & GREEN



♥ Fresh Smoothies ♥

Small/Large

Breakfast Smoothie

180 / 250

Try this healthy breakfast made of blended Yogurt, Papaya, Banana, Muesli, Peanuts and Honey..

Coco Turmeric Smoothie

190 / 260

Healthy mix made of Pineapple, Coconut, Banana, Turmeric, Chia Seeds, Cinnamon, Ginger and Honey.

✓ Green Smoothie *Healthy Choice*

190 / 260

A healthy treat made with Spinach, Cucumber, Apple, Avocado, Coconut, Wheatgrass and Dates.

✓ Surprise Smoothie

190 / 260

Spinach, Banana, Coconut, Cashew nut and Coconut milk in a surprising mix.

✓ Tahini Smoothie

190 / 260

Pineapple, Green Apple, Banana, Walnut, Coconut, Dates, Raw Tahini and Cacao.

✓ Mango Bliss *Signature Smoothie*

210 / 270

If you like Mango you will love this exotic blend of Mango, Coconut, Banana and Lime juice.

✓ Full Power Smoothie

210 / 270

Banana, Coconut milk, Cacao Beans and Dates in a deliciously creamy blend... Yum Yum.

Jamun Smoothie *We recommend*

220 / 280

Jamuna Smoothie is a super delicious blend of Jamun, Strawberry, Banana, curd and honey.

✓ Passionfruit Smoothie

220 / 280

That deliciously tangy flavour of Passionfruit, mixed with Mango, Banana, Ginger.

✓ Pink Passion

220 / 280

As fruity as it gets.... a blend of Pomegranate, Orange, Guava, Banana and Dates.

Share the love 

MENTION US IN YOUR PHOTOS

@artjunagoa ... we love to repost

♥ All Day Breakfast ♥

Croissant Special

Plain Croissant	120	- Croissant with Nutella	180
Pain au chocolat	160	- Croissant Butter & Jam	160
Almond Croissant	170	- Almond Choco Crois	190
Salted Caramel	180	- Pistachio Croissant	180

Crunchy Butterfly Bread

Butter & Jam or Honey	130
Butter & Nutella	170

Eggs your choice ♥

Served with bread. Additional egg + 50 rps

Fried Eggs	230
Scrambled Eggs	230
Poached Eggs	230
Classic Omelette	230
Green Omelette	270
Spicy Veggie Omelette	270
Cheese Omelette	320

Artjuna Set Breakfast ♥

Artjuna Breakfast	480
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Comes with a Classic Sandwich of your choice, tea or coffee delight and a small glass of fresh juice. Your choice of papaya, pineapple or watermelon juice.

Special Breakfast	530
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This breakfast is served with eggs of your choice, white cheese, tuna, avocado, hummus, matbukha, arabic salad and bread. Choose a tea or coffee delight.

Healthy Breakfast	580
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Fruit salad, curd and granola, eggs of your choice, brown bread, butter, jam and 3 home made spreads. Hummus, Avocado and Labane.

Tea or coffee delight and a small glass of fresh juice. Choice of papaya, pineapple or watermelon.

♥ Extra Portion ♥	Bread 30 - Pita 40 - Butter 30 - Curd 30 Mayonnaise 30 - Jam 50 - Honey 60 - Nutella 90 - Maple Syrup 90 Avocado 70 - Tahini 70 - Olive Oil extra virgin 80 - Babaganush 80 Arabic Salad 90 - Tuna 90 - Kalamata Olives 90 - Feta 90 1000 Island Dressing 40 - Balsamic Dressing 70
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Breakfast Bowls ♥

- ✓ Cacao Bowl S 290
L 390
Fresh fruit salad topped with Fullpower Smoothie.
Granola, coconut, nut & pomegranate garnish.
- Granola Bowl S 310
L 410
Oats, almonds, cashew, coconut and sesame
tossed in coconut oil and roasted in the oven.
Served with fruit, honey and curd or milk.
- ✓ Chia Seed Bowl S 310
L 410
Fresh fruits covered in coconut milk chia seed
pudding. Roasted nuts & pomegranate garnish.
- ✓ Mango Smoothie Bowl S 320
L 420
Fresh fruit salad topped with Mango Smoothie.
Granola, coconut flake & pomegranate garnish.
- Jamun Smoothie Bowl S 330
L 430
Fresh fruit salad topped with Jamun Smoothie.
Granola, coconut flake & pomegranate garnish.
- ♥ Porridge
Honey and Roasted Nuts 220
Cinnamon and Apple 270
Nuttela 280
- ♥ Fruit Salad S 230
L 280
A mix of seasonal fresh fruit, served with
a portion of honey and roasted peanuts.
Top up Fruit Salad with Vanilla ice cream +60

Wholesome Waffles ♥

- Dusted with Icing Sugar 230
Maple Syrup & Butter 290
Fruit Salad & Honey 290
Vanilla or Chocolate Ice Cream 290
Nutella 320

Fluffy Pancakes ♥

- Butter & Jam 250
Maple Syrup & Butter 290
Fruit Salad & Honey 290
Vanilla or Chocolate Ice Cream 290
Nutella 320

♥ Classic ♥ Artjuna Sandwiches

Egg Salad Sandwich small 210

Chopped Eggs in a mayonnaise mustard dressing, topped with diced tomato, red onion greens and pesto.

large 310

Green Omelette Sandwich small 210

Omelette made of two eggs with fresh herbs, home made pesto, red onion, tomato, greens and mayonnaise.

large 310

Mozzarella Sandwich small 210

Melted Mozzarella over sliced tomato, red onion, balsamic dressing and fresh basil-cashew pesto.

large 310

Artjuna Toast small 230

Melted Mozzarella and yellow cheese, olives, onion, tomato and fresh basil - cashew pesto.

large 330

Oriental Sandwich small 230

Eggplant slices fried in olive oil, garlic and herbs, sliced egg, tahini, tomato, cucumber and onion.

large 330

Avocado Sandwich small 250

Avocado guacamole with coreander in olive oil and lemon dressing with diced tomato, onion, greens and labane cheese.

large 350

Greek Sandwich small 250

Feta cheese, olive pate, labane cheese, tomato, cucumber greens and red onion with olive oil and mixed herbs.

large 350

Tuna Sandwich small 260

Our all time Favourite !!! Tuna in a lemon-mustard dressing, tomato, cucumber, red onion, greens and 1000 island dressing.

large 360

Special Sandwiches

Avocado & Egg Open Sandwich 440

Avocado cream on Labane cheese, topped with two fried eggs, tomato and onion. Served as an open Sandwich.

Three Cheese Omelette Bagel 480

Omelette filled with Gouda, Mozzarella and Feta cheese, pesto and tangy tomato sauce, garnished with lettuce, tomato and red onion. Served on a home made Bagel.

Salmon Bagel Sandwich 790

Smoked Salmon and cream cheese, lettuce, tomato and red onion served on a home made Bagel.

Salmon & Egg Bagel Sandwich 890

Smoked Salmon on cream cheese, topped with two fried eggs, lettuce, tomato and onion. Served on a home made Bagel, as an open Sandwich.

Try our delicious Croissant Sandwiches

Egg Salad Croissant Sandwich 370

Chopped Eggs in a mayonnaise mustard dressing, topped with diced tomato, lettuce, red onion and pesto.

Omelette Croissant Sandwich 370

Choose from Classic Omelette, Green Omelette or Spicy Veg Omelette. Served with tomato, onion and pesto.

Mozzarella Croissant Sandwich 390

Melted Mozzarella over sliced tomato, red onion, Balsamic dressing and fresh basil-cashew pesto.

Tuna Croissant Sandwich 430

Tuna in a lemon-mustard dressing, tomato, lettuce, cucumber, red onion and 1000 island dressing.

Fresh Salads

Salads are served with warm bread / brown bread available

Arabic Salad 260

A small mixed salad made of fine diced cucumber, tomato, spring onion and mint, tossed in Extra Virgin Olive Oil - Lemon Dressing.

Mixed Salad 290

Mixed green lettuce, diced tomato and cucumber, red onion and spring onion in Vinaigrette dressing.

Health Salad 430

Green lettuce, beetroot, green beans, cherry tomato, carrots and sprouts. Topped with spring onion, roasted nuts and Balsamic Vinaigrette dressing.

Avocado Salad 430

Mixed green lettuce, diced tomato and cucumber, and red onion in French Vinaigrette dressing. Topped with an Avocado olive oil guacamole and spring onion.

Oriental Salad 430

Chopped cucumber, tomato, onion, couscous and spring onion tossed in Extra Virgin Olive Oil-Tahini dressing. Topped with chickpeas, pomegranate and fried Paneer, Crutons and Parsley.
Served without bread.

Greek Salad 460

Mixed green lettuce, chopped tomato, cucumber and red onion, topped with fresh feta cheese, greek olives, spring onion and Balsamic Vinaigrette dressing.

Quinoa Salad 470

Steamed Quinoa grain, green beans, cherry tomato and aubergine, topped with fresh feta, spring onion, pomegranate and almond. Served with Yoghurt-Tahini dressing. Served without bread.

Tuna Salad 490

Mixed green lettuce, diced tomato and cucumber, red onion and boiled egg, topped with Tuna chunks and spring onion in a creamy 1000 Island dressing.

Blue Cheese Salad 530

Mixed green lettuce, chopped tomato, cucumber and red onion, topped with blue cheese crumble, walnut, apple, spring onion and Vinaigrette dressing.

Soup

Served with warm bread / brown bread available

Turkish Lentil Soup 280

Carrot Pumpkin Soup 280

Moroccan CousCous Soup *weekends only* 470

Clear veg soup with pumpkin, potato, carrot, zucchini, chickpeas & celery. Served with couscous, and bread.

Mediterranean Style Starters

Watermelon & Feta 280

Diced watermelon and feta cubes with mint leaves, marinated in a Balsamic - Olive oil dressing.

Bruschetta 240

Chopped tomato, red onion, greek olives, pesto, & Balsamic Vinaigrette. Served on crunchy bread.

Potato Wedges / French Fries 240

Your choice of crispy Potato Wedges or French Fries. Served with two dips.

Falafel Balls with Tahini 250

A serving of 4 Falafel balls, made of chickpeas. Served with Tahini, pita bread & chutney

Tampura Vegetable 250

A selection of deep fried mixed vegetables in batter. Served with two dips.

Roasted Cauliflower 310

Half an oven roasted cauliflower head, topped with Tahini sauce. Garnished with pomegranate.

Sweet & Spicy Tofu 320

Marinated Tofu stripes, steamed broccoli in a sweet & spicy sauce. Pomegranate, Tahini & nut garnish.

Roasted Eggplant 320

A whole, creamy, flame roasted eggplant, cut open & served with tomato sauce, Tahini, onion & chilli paste.

Mazzet Plate 340

Selection of Mediterranean flavours. Including greek kalamata olives, feta cheese, Hummus, Tahini, fried eggplant & home made mixed pickled vegetables. Served with warm pita bread.

Mediterranean

All Day Specialities

 In case you are not familiar with mediterranean food please advise with your waiter. Food once ordered can not be returned.

Hummus *Signature dish* S 250

Our Hummus is made daily fresh of boiled chickpeas, top quality Tahini, garlic, lemon juice, Extra Virgin Olive Oil and salt Topped with parsley and served with home made veg pickles, spicy green chutney and warm pita bread. L 330

Hummus with Mushroom S 320

A Bowl of fresh Hummus topped with fried mushroom in garlic. Served with home made vegetable pickles, spicy green chutney and warm pita bread. L 390

Humshuka S 310

Delicious home made Hummus topped with a portion of Shakshuka. Thats egg poached in a thick, hot tomato sauce. Served with vegetable pickles, spicy chutney & warm pita bread. L 390

Shakshuka *Signature dish* 350

Shakshuka is a dish of eggs, poached in a fresh, thick sauce of tomatoes and onion spiced with paprika, cumin, and garlic. Served in a pan and accompanied with warm bread.

Special Shakshuka 390

The special Shakshuka dish has 2 poached eggs, roasted eggplant and feta cheese added to the tomato sauce. Served in a pan and accompanied with warm bread.

Dips

Labane Cheese Plate 280

Labane is a white cheese with a creamy and fresh taste. Served on a plate with Olive Oil and Za'atar herb mix, home made pickled vegetables and warm pita bread.

Baba Ganoush 290

A creamy, flame roasted eggplant dish, blended with best quality Tahini. Seasoned with lemon juice, chopped parsley and Extra Virgin Olive Oil. Served with pita bread.

Matbucha 290

Spicy tomato and roasted bellpepper dip. Seasoned with jalapenos and garlic. Served with home made mixed vegetable pickles and warm pita bread.

 Dishes marked with  are VEGAN !!!
Vegan food is prepared without animal products

V Falafel in a Pita *Signature dish* 310

Our all time favourite Falafel in a pita. Accompanied with diced tomato, cucumber and Tahini dressing. Served with spicy harissa dip and mango pickle paste.

V Falafel Plate 390

The Falafel balls are made from a mix of chickpeas, onion, garlic and mixed herbs, flavoured with cumin, chilly and cardamom. Served with a small Arabic Salad, Tahini sauce, home made spicy green chutney and warm pita bread.

Falafel Burger 470

Our Vegetarian Burger is made of chickpeas, onion, garlic and spice mix. Topped with caramelised onion, 1000 Island dressing and lettuce. Served with potato wedges and salad.

V Replace the 1000 Island dressing with a Tahini dressing and make your Falafel Burger Vegan.

Bourekas *We recommend* S 340

Bourekas are a baked and stuffed pastry, made of crispy layered dough, filled with a savoury inside. Served with boiled egg, fresh tomato sauce, Tahini and spicy chutney.

L 460

Cheese Boureka

Potato Boureka

Spinach Boureka

Mushroom Boureka

Sabih in a Pita 320

Sabih is a Pita pocket sandwich, filled with a traditional mix of roasted eggplant, boiled egg, fresh tomato and cucumber, Tahini sauce, spring onion, red onion and parsley.

Tel-Aviv Warm Quinoa Salad 540

Fried Tofu cubes, chickpeas, boiled beetroot, bell pepper, eggplant, mushroom and onion, tossed together with steamed Quinoa. Topped with grated boiled egg, Tahini sauce, spring onion and parsley.

Mediterranean Thali 620

This beautiful Thali plate includes a portion of each of our classic Mediterranean specialities. Enjoy fresh Labane Cheese, Baba Ganoush, Falafel balls, Hummus, Matbuca, and Arabic Salad all at once. Served with pickled veg and warm pita bread.... a sweet treat is included.



This dish is recommended for two or more people and is great as a starter for a bigger group.

Italian Pasta

 Choose from Spagetti or Penne 

V Tomato Basil Sauce 470

A rich tomato sauce, made from fresh tomato, basil, and garlic. Served with parmesan on the side.

Rose Sauce 480

Have you tried the beautiful blend of our Cream sauce and fresh Tomato sauce ? Rich and fresh in flavour.

Home made Pesto 490

A delicious mix of roasted Cashew, grated Parmesan, Basil leaves, garlic, pepper and Extra Virgin Olive Oil.

Mushroom Cream Sauce 550

Sliced mushroom in a delicious white cream sauce, flavoured with herbs and served with parmesan.

Tuna Tomato Sauce 590

Classic tomato sauce flavoured with olives and herbs. Topped with chunks of Tuna flakes and parsley.

Salmon Cream Sauce 750

Flakes of Smoked Salmon fish in a rich cream sauce, flavoured with garlic and black pepper.

Vegetable Lasagna 590

Home made Lasagna, filled with Zucchini, Eggplant and Tomato slices. Topped with a melting cheese crust.

Mushroom Cream Ravioli 590


Home made Ravioli, filled with mushroom and onion pate. Served in a rich cream and mushroom sauce.

Goat Cheese Ravioli 630

Home made Ravioli, filled with a soft, white goat cheese. Served in a rich tomato and herb sauce.

Kids Pasta Portion 320

Choose from :
- Mildly flavoured Tomato Sauce,
- Pesto or - Cream Sauce

 **Top up** your pasta with a mix of stir fried vegetables, including broccoli, zucchini and bell pepper mix. + 100 rps.

Burger With French Fries & salad.

Falafel Burger 450

Falafel patty topped with caramelised onion, 1000 Island dressing, tomato, lettuce and onion. Replace 1000 Island with Tahini dressing and make your Falafel Burger Vegan.

V

Veggie Burger 470

A mixed veggie-potato patty, cheese, pickled cucumber, tomato, onion and lettuce. Tahini - Tomato dressing.

Fish Burger 150g Sea Bass patty (Chonak) 690

A delicious fish patty served with spicy jalapenos, pickled cucumber, tomato onion, lettuce and 1000 Island dressing. Served with French Fries and salad on the side

Quiche

Zucchini and Feta Quiche 480

Quiche is a delicious, savoury tart with a juicy filling made of zucchini, feta cheese & onion in a cream, egg, herb mix.

Mushroom Curry Quiche 480

This Quiche is filled with mushroom in a rich cream, egg & curry sauce. Served with a small mixed salad on the side.

Salmon and Leek Quiche 650

Smoked Salmon flakes and leek in a cream, egg and herb mix filled into a baked, savoury tart. Salad on the side.

Home Cooking

V Artjuna Veg Delight 490

Red kidney beans in rich tomato gravy and Lady finger in tomato sauce, with organic rice, salad, Tahini and bread.

Artjuna Thali 560

The classic Thali with an Artjuna twist. A serving of Rajma, Lady finger, Dal, cauliflower, spinach, Arabic Salad, red rice, crispy pita and a sweet surprise.

V Tofu on Stir Fried Veg 590

Marinated Tofu served on a bed of stir fried, bell pepper, zucchini, broccoli, mushroom, eggplant onion and Quinoa. Topped with Spring onion.

Fish Filet on Stir Fried Veg 670

Seasonal Fish Filet served on a bed of stir fried bell pepper, zucchini, broccoli, mushroom, eggplant, onion and Quinoa. Topped with Spring onion.

Save the Best for last ♥

♥ Artjuna Dessert

- ✓ ♥ **Chia Coconut Pudding**
Chia Seed Pudding made with coconut milk, topped with seasonal fruit. 230
- ♥ **Fruit Platter with Ice Cream**
A selection of sliced, seasonal fruits, served with Classic Vanilla Ice Cream. 380
- ♥ **Love at first Bite**
Warm Sliced Chocolate Fondant with Vanilla Ice Cream and seasonal fresh fruit. 390
- ♥ **Hello to the Queen**
Crumbled Cookie base, caramelised banana, Vanilla Ice cream and sauce. 450
- ♥ **Banana Split**
Three Scoops of Ice cream between a split banana. Chocolate Sauce & nuts. 550
- ♥ **Waffles and Pancakes**
Check our "All Day Breakfast" page for a great selection on Waffel & Pancakes.

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for birthday cakes, celebrations & events

Please contact the counter for more details.